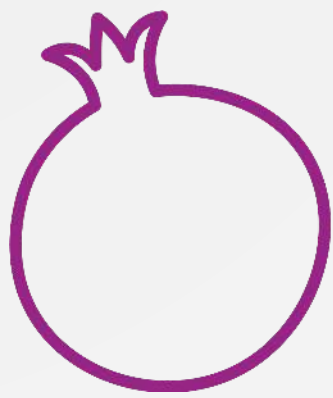




RIMON
HEALTH

Healthcare Professional Programme Overview

A structured primary healthcare programme supporting coordinated, multidisciplinary care for uninsured community members.



ChevrahKadisha

Dear Colleague,

Thank you for taking the time to consider collaborating with Rimon Health and for the care you already provide to members of our community.

Many healthcare professionals quietly carry a significant burden in supporting vulnerable community members - often informally, without structure, oversight or shared responsibility. This care is generous, ethically driven and deeply valued, but it can also be time-consuming and administratively demanding, making it difficult to sustain over time.

Rimon Health was developed by the Chevrah Kadisha in response to this reality. It is a structured primary healthcare programme designed to support uninsured and vulnerable community members through accessible, preventive, and coordinated care - while also supporting the healthcare professionals who care for them. The project aims to formalise and strengthen existing welfare healthcare into a governed, sustainable model that respects clinicians' time and professional judgment.

Our aim is to improve access to primary healthcare through three integrated pillars: permanent administrative, nursing and clinical associate personnel; a strengthened network of private healthcare professionals; and managed integration with government services where appropriate. This enables early intervention and continuity of care, helping to reduce avoidable complications and hospitalisations over time.

Healthcare professionals may participate in a voluntary and flexible capacity, based on their availability, professional scope and interest in supporting this community initiative.

Rimon Health builds on the longstanding tradition of community care upheld by Chevrah Kadisha, seeking to honour that legacy through structured and ethical healthcare delivery.

We would be grateful for the opportunity to discuss this further if it aligns with your interests.

With appreciation,

DR RICHARD FRIEDLAND
BOARD OF GOVERNORS
CHEVRAH KADISHA GROUP

SAUL TOMSON
CHIEF EXECUTIVE OFFICER
CHEVRAH KADISHA GROUP

DR JORDAN OCHAYON
PROJECT MANAGER
COMMUNITY HEALTH SERVICES
CHEVRAH KADISHA GROUP



What Is Rimon Health



Rimon Health is a structured community primary healthcare (PHC) programme designed to support vulnerable, uninsured, and lower-income individuals who are unable to access private medical aid. It operates as a three-way partnership between dedicated permanent resources, volunteer community healthcare professionals and state services, working together to provide coordinated, effective support to community members.

The programme focuses on improving access to coordinated, preventative and longitudinal primary healthcare while supporting the clinicians who provide care to these patients. Rather than episodic or reactive treatment, Rimon Health facilitates a coordinated approach to care that promotes early intervention, chronic disease monitoring, preventative screening and responsible use of healthcare resources.

CARE IS DELIVERED THROUGH A MULTIDISCIPLINARY, CENTRALLY COORDINATED FRAMEWORK, SUPPORTED BY:



ADMINISTRATIVE COORDINATION

Centralised administrative coordination supports the smooth delivery and oversight of care services.



CLINICAL OVERSIGHT

Care is led by a Clinical Associate, with oversight provided by a General Practitioner.



COMMUNITY PROFESSIONALS

Participation from community healthcare professionals across multiple disciplines supports a broad care network.



GOVERNMENT SERVICES

Utilisation of government healthcare services is facilitated through a strengthened internal network where appropriate.



ONSITE PHARMACY

Structured medication dispensing is supported through an onsite pharmacy.



REFERRAL PATHWAYS

Defined referral pathways provide access to participating specialists where needed.



INVESTIGATIONS

Basic laboratory and imaging investigations form part of the coordinated care framework.



ALLIED HEALTH COLLABORATION

Allied health collaboration may include physiotherapy, occupational therapy, dietetics, podiatry, audiology, optometry, psychology, speech therapy and other relevant healthcare professions where available.

Effective primary healthcare relies on collaboration between medical practitioners, allied health professionals, mental health providers and community support services and the programme is designed to support this multidisciplinary model of care.

Rimon Health is not a medical aid or insurance scheme. Services are provided within defined programme limits and available capacity.

PROGRAMME PRINCIPLES

1

PRIMARY HEALTHCARE

Prioritising prevention, early intervention and continuity of care.

2

MULTIDISCIPLINARY COLLABORATION

Integrating medical, allied health and community services.

3

CLINICIAN AUTONOMY

Respecting professional judgment in patient care.

4

RESPONSIBLE RESOURCE USE

Operating within defined service limits to ensure sustainability.

5

COORDINATED CARE

Supporting clinicians through administrative and referral coordination.

Why This Model Exists

Rimon Health was developed in response to persistent gaps in community healthcare delivery, including:

- fragmented care and lack of coordination
- limited access to investigations and referrals
- increasing clinician burden from informal care
- preventable disease progression due to delayed or inconsistent care

The programme seeks to address these challenges by creating a structured, sustainable framework for coordinated primary healthcare.

RIMON HEALTH AIMS TO:

- improve access to consistent, longitudinal primary healthcare
- reduce avoidable complications through earlier identification and follow-up
- formalise community-supported healthcare within a governed and auditable system
- protect clinicians from unmanaged demand and administrative overload
- strengthen collaboration between medical practitioners, allied health professionals and community support services
- support responsible and ethical allocation of healthcare resources

WHO THE PROGRAMME SERVES:

The programme is designed for individuals within the community who:

- **DO NOT** have medical aid
- **DO NOT** have the financial means to access private healthcare
- are **already linked to welfare** or community support services
- are **willing to engage with structured care pathways** and programme follow-up

Participation in the programme is limited and subject to eligibility criteria and programme capacity.

Healthcare Professional Participation

VOLUNTARY PARTICIPATION

Healthcare professionals participate on a voluntary and flexible basis, with involvement shaped by availability, professional scope of practice, and personal interest in supporting community healthcare.

THOUGHTFUL PATIENT ALLOCATION

Patients are allocated according to clinical need, complexity, clinician availability, and geographic considerations where appropriate, with continuity of care supported where possible but not guaranteed.

CENTRAL ADMINISTRATIVE COORDINATION

Appointments, reminders, cancellations, referrals, and follow-up are centrally coordinated by the Rimón Health administrative team to reduce administrative burden and protect clinician time.

CONSULTATIVE SPECIALIST SUPPORT

Specialist involvement is primarily consultative and referral-based, with referrals coordinated through the programme administration team to support appropriate triage and efficient use of specialist time.



Programme Principles and Scope

CLINICAL AUTONOMY:

Clinical decision-making remains the responsibility of the treating healthcare professional. While the programme operates within defined clinical frameworks and formularies to ensure sustainability, clinicians retain full professional discretion to determine appropriate care.

Where treatment outside standard frameworks is clinically indicated, this may be supported subject to reasonable motivation and programme authorisation processes.

SCOPE OF SERVICES:

Rimon Health focuses on primary healthcare services, including:

- acute consultations
- chronic disease monitoring
- preventative screening
- selected diagnostic investigations
- limited medication dispensing
- referral coordination
- allied health collaboration
- patient education and wellness initiatives

The programme DOES NOT provide or finance:

- emergency medical services
- hospital admissions
- hospital-level procedures
- intensive specialist treatment outside primary healthcare scope
- long-term chronic medication beyond short-term bridging prescriptions where necessary

Where appropriate, patients may be referred to external healthcare providers or government healthcare facilities.

Get Involved with Rimon Health

Healthcare professionals interested in learning more about the programme or exploring ways to participate are welcome to contact the Rimon Health team.



WELLNESS & EDUCATION

Support for wellness and patient education initiatives.



SPECIALIST SUPPORT

Specialist consultation support where needed.



REFERRAL NETWORK

Participation in the programme's referral network.



CONSULTATIONS

Voluntary or reduced-rate consultations.



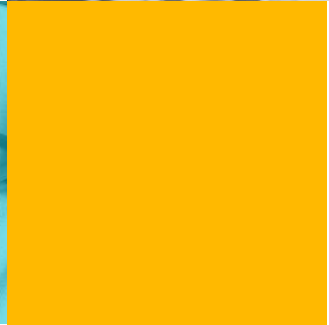
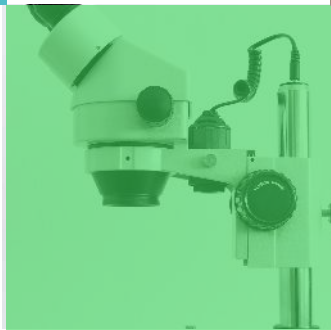
ALLIED HEALTH

Collaboration across allied health disciplines.

For more information and to register your interest in the programme:

RimonHealth@jhbchev.co.za | Phone / WhatsApp: 083 262 0543





ChevrahKadisha

www.jhbchev.co.za