

PROGRAMMING UPDATE- 24 APRIL 2020

Residential update

On the 10th of April 2020, a Sandringham Gardens resident tested positive for COVID-19. The individual was a-symptomatic and in good health. Subsequently the following changes were made to limit resident interactions and risk.

- Residents are no longer permitted to sit in groups or socialise in common areas - all chairs and tables in these areas have been removed
- Units and assisted living areas have limited access and working across these areas by professionals has been reduced as far as possible.
- All residents have been requested to stay in their rooms as much as possible.
- All dishing of meals for the units is done in the kitchen in take away containers
- Breakfast and Lunch are served, in the dining room for independent residents, but residents are divided into three eating times. Residents only sit two at a table and social distancing is observed. Dinner is served in takeaway containers in their rooms
- Access to Sandringham Gardens by other facilities (Lodge/Square and Selwyn Segal centre) has been restricted
- OPD, x-rays and dentistry are only available for emergencies to residents of Sandringham Gardens

Due to the changes above there have had to be changes to programming at Sandringham Gardens. The changes are mostly around servicing residents in their rooms as much as possible to accommodate the limitations on social distancing. These changes were effective from 17th April 2020 due to the religious holiday of Pesach.

Closure of communal activity space

Programming centre: commonly referred to as Lifestyle has been closed. Lifestyle is the area used for most activities, talks and gathering of residents during the day. Residents struggle to social distance in this area and it would be difficult to monitor.

Activities: Shopping

Since restricting access out and in the campus the residents have had a shop available to purchase small items they usually manage to buy themselves. (Note: residents are supplied with all meals, toiletries by the facility these are over and above what

they are given). In order to still supply this service a shopping list will be provided to residents which they can tick what they would like, orders then will be delivered to their rooms. Airtime will also be sold using the same system.

Activities: Newsletters and crosswords

Residents have access to daily crosswords, and a weekly newsletter. This is distributed to all the Aged facilities.

Activities: Daily walks

Residents are encouraged and assisted to take daily walks outside. This is done with the assistance of a programming staff member. The resident is taken individually and social distancing is observed at all times.

Emotional support: Social Work

Programming staff will engage the residents daily and identify residents that require emotional support from the Social Workers.

Emotional support: Family calls

We continue to offer families and residents assistance with calls. Families book a time to speak to their relative, staff then facilitate the calls. This is mostly for residents without phones or those who struggle to navigate calls for health reasons.

Other facilities within the Chevrah group:

Disabilities facilities

These facilities no longer have campus access. They are restricted to their own building.

Programming in the disabilities facilities has mostly continued as usual. We have arranged special activities such as sports days to enhance their days. These residents are not under strict movement as yet so programming is able to continue as before.

